

News from the OF

CARMEL

For the Citizens of Carmel

Volume 1 • 2009

Putting Keystone Avenue in Perspective

Carmel is in the process of building one of the most innovative road reconstruction projects in the country. When completed in 2010, the uniquely designed Keystone Avenue will allow as much as 50 percent more traffic to flow freely between 96th Street and US 31, solving current traffic management and safety issues that have plagued this main artery for 20 years. The greatest benefit from the project will be the improved safety, as east/west cross streets will no longer compete with Keystone traffic.

It is very unfortunate that unprecedented increases in construction costs have overshadowed a project that was long awaited and applauded at its inception just 15 months ago. This community has wanted to take over control of Keystone Avenue for many years and has worked diligently for the last decade to make this vision a reality.

There seem to be several misconceptions about the project and the myths and realities are addressed here:



MYTH #1: The Keystone project is already out of money and over budget.

REALITY: The 106th, 126th and 136th Street interchanges are fully funded and 106th and 126th Street are within one half of one percent of the awarded contract amount, which is normal for projects of this magnitude.

The City of Carmel, by law, must have the entire amount of money required to pay each contract in the City's bank account before the contract can be signed, so projects do not start unless the money is there. Mayor Iim Brainard negotiated with the State to get the City's \$20 million dollar payment from the state in December when it was originally planned for distribution in February 2009, allowing the 136th Street project to proceed.



MYTH #2: Carmel should have gotten more than \$90 million from the State.

REALITY: This amount is unprecedented; it equals more than \$19 million per mile. In comparison, Indianapolis got only \$1.6 million per mile when it received 13 miles of Washington Street (US Route 40 inside I-465) from the State in 1995.

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There was an 18 percent decrease in the total number of accidents along Keystone Avenue in 2008 compared to 2007. This includes a 61 percent reduction in the number of accidents with injury.

Carmel Comes in Under Budget

The City of
Carmel was
\$6.3 million
dollars under
budget in its
General Fund at
the end of 2008,
bringing that fund balance
to \$13.4 million. The majority
of the \$6.3 million returned
to the budget was the result
of under spending by City
Departments and the
remainder of the \$13.4 million

balance was from revenues coming in above projections and the fund's previous balance.

"We work very hard to manage the city's finances prudently. We approach the budget process much like the private sector in that we perform budget forecasting ten years out to ensure that we can accomplish our goals and keep our tax rate among the lowest in the state," said Mayor Iim Brainard.

While the General Fund balance at the end of 2008 was \$13.4 million, the balance of all City funds is \$37.9 million. Strong management of the City's money and spending has allowed Carmel's taxes to remain low, while providing excellent city services to residents. For the typical Carmel taxpayer, it is anticipated that residential tax payments will decrease in 2009.

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www.carmel.in.gov

A Message from the Mayor

As another great year comes to a close, we look at Carmel's future as a city. A number of city projects are making excellent progress and will continue to develop throughout 2009.

City Center, which includes the Regional Performing Arts Center (RPAC), is moving along with a completion date in 2010. This building will be a unique architectural structure that will remain in our community for hundreds of years.

The Keystone Reconstruction Project is well underway. When complete it will improve the safety of the road and provide a more pedestrian friendly and efficient transportation network. The first two intersections at 106th and 126th Streets will open in March, weather permitting. I hope that you were able to take advantage of the many festive holiday activities and events offered, including Veterans Day, Holiday on the Square which included the Holiday Market for the first time



Mayor Jim Brainard

this year and Holiday in the Arts District.

As always, please feel free to call, email or mail your suggestions, comments or ideas to the City. We want to hear from you.

Happy New Year from all of us,

Jim Brownard

Mayor Jim Brainard



Mayor Delivers State of the City Address

Mayor Jim Brainard shared his

thoughts about the City's progress and discussed new initiatives being considered at his annual State of the City address hosted by the Carmel Chamber of Commerce. He also distributed a booklet to each attendee titled "A Decade of Progress." The booklet briefly outlines some of the ways that the City of Carmel is leading the way with innovative city planning, public private partnerships and intersection designs – namely roundabouts.

Brainard started his address by thanking the other elected city officials and city employees for their contributions to the successes of the community.

The Carmel of the future

Mayor Brainard encouraged the audience to envision the Carmel of the future. City Center will be complete and the Regional Performing Arts Center will be underway, entertaining thousands in central Indiana. The Arts & Design District will be thriving and our major roadways including Keystone Avenue will be completed and brought up to date. In addition, developers will have completed more neighborhoods on the west side, the Village of West Clay will be filled in, our parks system will be fully developed and the senior community on the east side will be actively engaging our older residents.

A solid future

As Carmel approaches build out in the next decade, there are a few things that Mayor Brainard would like to address. Housing, transportation, parks, and maintaining older neighborhoods is imperative. The "corner store" concept, trash pick-up, finishing build out on the US31 corridor and requiring utility companies to bury power lines all need to be considered. Mayor Brainard reminded the audience that having faith in a solid future is important in order for Carmel to weather this downturn in the economy.

Watch the video of Mayor Brainard's State of the City Address online at www.carmel.in.gov.

Carmel Police Department Receives Grant



The Carmel Police
Department has been awarded
an \$89,435 grant from the
Department of Justice to support
the work of the Hamilton/Boone
County Drug Task Force. The
grant was awarded as part of
the Edward Byrne Memorial
Discretionary Grants Program,
which supports the justice
systems of local communities.

The Hamilton/Boone County Drug Task Force targets midsize to large-scale drug operations to halt trafficking activities and arrest and prosecute drug dealers. The funds will be used to help maintain an offsite facility to house the task force and support its operations, including gathering criminal intelligence and establishing confidential informants.

"This grant will help the Task Force further our efforts in the war against drugs," said Major Lee Goodman, Carmel Police Officer and director of the Hamilton/Boone County Drug Task Force. "We are grateful to the Justice Department and to Senator Bayh for helping secure these funds, which we will use to continue to target and halt the drug operations that threaten our communities."

Carmel Government

Keystone -continued



MYTH #3: The Keystone project cost increases will increase taxes.

REALITY: Residential property tax payments will not increase.

Mayor Brainard and the City Council have several financing options available to them, none of which will increase tax payments for Carmel citizens. Residential property tax payments will continue to be the lowest in the state for a city our size or larger.



MYTH #4: The State plan was better.

REALITY: The State plan would not successfully handle traffic volumes within 10 years and would have resulted in dozens of residents and businesses losing their property to make way for the widened roadway.

The State's plan increased Keystone to six lanes and up to eight lanes in some areas. This would increase traffic volumes at stoplights without improving flow or safety. Studies indicated that these intersections would not be adequate in three to eight years. Then, the state would have typically separated the grade with additional diamond interchanges and on/off ramps. This design would require the removal of an average of 30-40 structures per intersection, most of which would be private residences. Lastly, and most importantly, the safety of motorists, pedestrians and bicyclists are compromised with the State's plan when compared to the current Keystone plan.



MYTH #5: The early estimates should have been shared

REALITY: Engineers' estimates for projects are never shared until after the bids are opened.

If estimates were shared. the bids would likely be clustered around that number. It may not be clear to many the exact purpose of the initial Structurepoint programming number. It was not an engineering estimate, but a programming number given to the Mayor so he would know if the State was offering a fair deal to the City as a relinquishment payment. The City of Carmel did not own the land, so we couldn't do a detailed engineers' estimate before we had officially been given the roadway.



MYTH #6: The engineers' estimates were way off.

REALITY: The first programming number was only a suggested amount for negotiation with the State, not an engineers' estimate. Subsequent estimates have been good.

The City has a history of receiving bids that fall below estimates. The construction bids for 106th and 126th Streets actually came in under engineers' estimates by almost \$4 million for the two intersections. The recently completed Grand Boulevard, Phase One, had a bid awarded that was 22 percent less than the construction estimate. The Carmel Utilities 106th Street water main project bid came in 18 percent under the estimate recently as well.



MYTH #7: It will not matter if the project is postponed.

REALITY: The major emphasis for the completion of any road improvement for Keystone was to handle the detoured traffic from US 31 when it is under construction.

To not move ahead with the Keystone project in its entirety would cause significant local traffic problems and congestion in 2011 and beyond.

Sue Finkam Appointed to Economic Development Commission

Carmel City Council has appointed Carmel resident Sue Finkam to serve on the City's Economic Development Commission.

Finkam brings a great deal of experience to the commission, particularly in the field of Healthcare. She holds a bachelor's degree in Sports Medicine from Central Michigan University



Sue Finkam

and a master's degree in management from Indiana Wesleyan University. Finkam is currently the Director of Business Development and Statewide Marketing Outreach for Clarian North Medical Center and Riley Hospital North.

Prior to her work at Clarian North Medical Center, Finkam held a variety of healthcare-related positions including running an industrial injury prevention consulting business with several Fortune 500 companies as clients. She was also a Finalist in Indy's Best and Brightest, Health & Life Sciences category, in 2007.

Finkam also has a strong record of participation in community service. She currently serves as President-Elect for Carmel-Clay Kiwanis, and is a board member and Development Chair for the Carmel Symphony Orchestra. She also is a volunteer driver for Meals on Wheels, a Current in Carmel columnist, and a community member of the US-31 Community Advisory Group. She was also selected to participate in the 2008-2009 Stanley K. Lacy Executive Leadership Series.

Events

Veterans Day

Mayor Jim Brainard and members of the local veterans' organizations joined together to honor military veterans at the City's annual Veterans Day Ceremony. As part of the festivities, the City sponsored the "Patriotic Pride" poster and essay contest.

Guests attending the event were welcomed by Mayor Brainard. Corporal Joshua Bliell delivered a motivational keynote address. Student essay contest winners read their compositions while the student poster winners had their artwork displayed at the ceremony. Each winner received a certificate of achievement from the Mayor.

A musical tribute to veterans was presented by the Carmel Elementary School Choir and the Actors Theatre of Indiana's own "Andrews Sisters" performed.

"It is important for us as a community to honor those who have served in our armed forces. The sacrifices of our courageous veterans helped build this great nation, and their commitment continues to keep it strong. We owe them a great deal of gratitude," said Mayor Brainard.



The Carmel Elementary school choir led by Cindy Baney performed patriotic music throughout the Veterans Day Ceremony.



Cindy Collins, Julie Viktrup and Judy Fitzgerald (pictured L to R) with the Actors Theatre of Indiana perform "Boogie, Woogie, Bugle Boy" at the Veterans Day Ceremony.

Poster Contest Winners

1st Grade Stormy Kotzelnick, Towne Meadow Elementary

2nd Grade Dylan Crossen, Towne Meadow Elementary

3rd Grade Ben McDonald, Carmel Elementary

4th Grade Kathleen Ho, Towne Meadow Elementary

5th Grade Claire Roche, College Wood Elementary

Essay Contest Winners

6th Grade Kinsey Erickson, Clay Middle School

7th Grade Natalie Sheeks, Clay Middle School

8th Grade Marisa Elam, Clay Middle School

9th Grade No Eligible Entries

10th Grade No Eligible Entries

11th Grade Aaron Henry, Carmel High School

12th Grade No Eligible Entries



Mayor Jim Brainard presents the 2nd grade "Patriotic Pride" poster contest winner, Dylan Crossen from Town Meadow

with a certificate.

Carmel named IACT Green Community

The Indiana Association of Cities and Towns announced that the City of Carmel has been designated as an IACT Green Community at the 2008 IACT Annual Conference & Exhibition.



IACT launched the Green Community Initiative to identify potential cost savings to commu-

nities facing budget shortfalls, promote economically competitive quality of life concepts and serve as role models as our country attempts to become more energy independent, while better protecting our environment.

The initiative will expand educational opportunities for municipalities and create a consolidated clearinghouse of data and programs that can be accessed by other cities and towns.

To be recognized as an IACT Green Community, Carmel had to meet requirements in the areas of purchasing, operations, measuring success and sample projects. Consideration was given to the size of the community and the likelihood it would or could implement certain types of programs.

"Carmel is proud to be designated as a Green City. Our employees continuously strive to operate in an environmentally efficient manner and look for new projects or programs that could reduce our impact on the environment whenever possible. Our designation as a Green City reflects this operating philosophy," said Mayor Jim Brainard upon receiving the designation.

In addition to this honor, Carmel has been the recipient of three other environmental awards this year: the U.S. Conference of Mayors Climate Protection Award, U.S. Conference of Mayors Excellence for Community Trees Award and the Governors Award for Environmental Excellence in Pollution Prevention.

Awards

City of Carmel receives Governor's Award for Environmental Excellence

Carmel Utilities Director. John Duffy and Waste Water Treatment Plant Manager, Ed Wolfe, were presented with a crystal trophy for achievements in pollution prevention. They accepted this award on behalf of the City during the Governor's Awards for Environmental Excellence ceremony held during the 11th annual Pollution Prevention Conference and Trade Show.

Instead of continuing to use chlorine in the waste water disinfection process, Carmel Utilities selected a more environmentally friendly method using ultraviolet light. The light kills bacteria in wastewater effluence before being discharged into the White River. The new method eliminates the use of potentially toxic chlorine and sulfur dioxide and has no detrimental effects on the environment.

"We are always looking for ways to lessen our negative

impact on the environment. The switch from a chlorinebased process to UV disinfection eliminated both the security issues involved with large scale chlorine storage and any potential harm to aquatic life from chlorine usage. We are proud to be honored with the Governor's Environmental Excellence Award for this project," said Mayor Jim Brainard.

The Governor's Award for Environmental Excellence recognizes Indiana's leaders who have implemented outstanding environmental strategies into their operations and decision-making processes. By seeking out and using innovative environmental practices, these facilities and programs have reduced waste, saved money and contributed greatly to Indiana's environmental protection efforts, benefiting the health and welfare of the state's communities and the state as a whole.

City of Carmel Receives Indiana Water Environment Association Award

The City of Carmel Utilities was presented with an Outstanding Laboratory Award from the Indiana Water **Environment Association** (IWEA). Teresa Lewis. Assistant Wastewater Treatment Plant Manager. accepted the award on behalf

of Carmel Utilities at the IWEA's annual conference in November. This is the eighth consecutive year Carmel Utilities has won the award.

The Outstanding Laboratory Award recognizes outstanding achievement in the implementation of

laboratory technique and administration. Candidates for the award are determined by the IWEA Laboratory Committee and are based upon a graded evaluation of the laboratory on set criteria. The size of the facility is also taken into account.



Winter Snow Removal

It is the City of Carmel's goal to provide safe streets in a timely and efficient manner by controlling the snow and ice on our roadways before and during winter storms. Patience and understanding from our citizens is appreciated during the removal of snow, particularly when it occurs at an inopportune time such as a weekday rush hour. It can be difficult for the plows and salt trucks to make their way around the city in such a high volume traffic. Our Street Department employees are determined to provide practical, safe access along city streets and public facilities during periods of heavy snow and ice.

When there is 3 inches of snow or more, the main and secondary streets are salted and/or plowed as the snow falls. After the majority of the snowing, blowing, or sleeting has ceased; a complete city plow is started with every street in the City being plowed. (Cul-de-sacs are not always plowed out completely. This is usually only done when the snowfall is considerably more than 3 inches.) Salting is routinely done only on main and secondary streets. Bridges, hills and intersections are salted as needed.

When there is up to 3 inches of snow, the City salts and/or plows only main streets such as Range Line Road, Main Street, Gray Road, Spring Mill Road, 116th Street, etc., and secondary streets such as Brookshire Parkway, Lakeshore Drive East and West, Adios Pass, Avian Way, etc.

It takes approximately 24 hours to plow all 416 miles of streets and more than 700 cul-de-sacs in the City of Carmel.

If you are a senior living in Carmel and need help removing

Snow Removal Ordinance

Clearing sidewalks of snow and ice not only keeps people safe, it is also good for economic development. As Carmel becomes more pedestrian friendly, it is even more important to allow access to our sidewalks in the winter months.

To emphasis its importance, the City Council recently passed a new ordinance specifically requiring businesses to clear sidewalks of snow and ice by noon each day following a snowfall. Removal is not required on Sundays and holidays if businesses are closed to the public. Up to \$500 in fines can be assessed for non-compliance.

While neighborhoods are not covered under the same ordinance, there is a law requiring residential sidewalks to be clear of debris at all times.



snow from your drive or sidewalks, please call 571-2580 and volunteers from the community will be called and scheduled to assist.

The City has worked throughout the years to develop a snow removal policy that addresses the importance of public safety within budgeted amounts. Thank you to our citizens for their patience during these wintry weather conditions and drive safe.

Kawachinagano World Music Festival

This article has been submitted by Harumi Goto from our Sister City, Kawachinagano, Osaka, Japan.

Lovely Hall (Municipal Culture Hall) is a center of cultural and art works in Kawachinagano and various events are carried out here. I would like to introduce the Kawachinagano World Music Festival, which is a symbol of our work. This festival is held annually in the summer and we invite musicians from many regions of the world. So far it was held 15 times and 51 groups from 29 countries

have come and performed in the hall.

We are also focusing on international exchange programs. Collaboration concerts by artists from different cultural backgrounds, such as Japanese drums and Indonesian bamboo instruments or Japanese jazz bands with traditional African instruments, have given our audiences exciting and sensational



Lovely Hall, Kawachinagano, Japan

experiences. Many volunteer citizens participate in various parts of the festival and the whole city is supporting the event. We look forward to the day when we will be able to invite artists from the City of Carmel!

Of Interest



Students from Carmel Middle School assist Mayor Jim Brainard and Councilman Ron Carter with the Grand Blvd. ribbon cutting.

Grand Boulevard Opens in Carmel

Mayor Jim Brainard was joined by Carmel Middle School students, school administrators and other local officials as they cut a ribbon signifying the opening of Grand Boulevard. This new road heads west from Guilford Avenue, just south of Carmel Middle School, and joins Old Meridian Street at a new roundabout. The roundabout intersection is just north of the Providence at Old Meridian townhomes.

The section of the boulevard opened is phase one of this project. Grand Boulevard phase two will include building the roadway west from Old Meridian and veering north to eventually connect to Main Street.

"We are pleased to be completing so many of our road projects for the construction season and hope that the community enjoys this new east/west access road. I would also like to thank the construction company for working so closely with our City Urban Forestry staff to preserve as many old growth trees as possible. In the spring, it will be more apparent what a difference this extra effort has made," said Mayor Jim Brainard.

The original engineer's project estimate for phase one of Grand Boulevard was \$2,270,810.50. The bid awarded for phase one was \$1,768,017.50, which is 22 percent less than the original estimate. This project was funded by the 2006 Road Bond.

Carmel's Newest Police Officer Welcomed



Mayor Jim Brainard congratulates Greg Loveall after swearing him in as one of the Carmel Police Department's newest additions. Police Commissioner Winston Long observes. Loveall transferred from the Los Angeles Police Department. He is 27 years old and is originally from Indiana.

City Employee Receives National Certification



Nichole Passineau

City of Carmel's Urban Forestry Specialist, Nichole Passineau recently completed the Certified Arborist examination administered through the International Society of Arboriculture (ISA) and the local chapter of the ISA.

The purpose of the ISA Certification Program is to improve the level of knowledge and standard of practice within the tree care profession. The ISA is a scientific and educational organization devoted to the dissemination of information in the care and preservation of shade and ornamental trees.

"We are very proud of Nichole for receiving her certification. Certified, knowledgeable arborists bring credibility to our profession and the Urban Forestry staff in the Department of Community Services," said City Forester Scott Brewer.

Carmel Wins Bid to Host 2011 National Roundabout Conference

The City of Carmel won the bid to host the 2011 Transportation Research Board's (TRB) National Roundabout Conference. City Engineer, Mike McBride attended this group's annual conference and Roundabout Task Force meeting in Washington D.C. where he presented his proposal to about 20 Task Force members and approximately 50 other attendees. The other finalist that Carmel was competing against for this conference was Seattle, Washington.

"As a part of our presentation to the Task Force, we were asked to share how many roundabouts were within the community and near the proposed conference venue. When I got to that section of

my presentation and told the group that by 2011, there would be more than 60 roundabouts within five miles of Carmel's Renaissance Hotel, a gasp went up from the audience. They were impressed with the sheer number and density of roundabouts in our community. Conference attendees really want to see actual roundabouts in operation and Carmel offers the opportunity to see a large number of roundabouts in a short distance," said City Engineer McBride.

McBride said that another component that appealed to the TRB Task Force was the fact that Indiana's Purdue-based Local Technical Assistance Program (LTAP) will partner with Carmel in hosting the



Roundabout at 131st Street and Illinois.

conference. This group brings with it a high level of expertise in large conference planning and the connection to Purdue's extensive technical expertise.

The mission of the TRB is to provide leadership in transportation innovation and progress through research and information exchange. The TRB includes members from various nations including the Netherlands, Australia, Great Britain and France. The TRB conference that Carmel will host at the Renaissance Hotel in 2011 will draw about 500-600 attendees from all over the world. The economic impact of hosting this conference to the local community will be close to a quarter of a million dollars.

New City Court Judge

Brian Poindexter was sworn in on January 1st as the new Carmel City Court Judge by the Hamilton County Circuit Court Judge, Judy Proffitt. Judge Poindexter formerly served as a Marion County deputy prosecutor, where he tried more than 260 felony cases in his nearly 20 years in that position. He also served as a judge pro tem in Hamilton County and he began his career as a prosecutor in the Speedway town court system. Brian Poindexter and his wife, Anne, have one

daughter and have lived in Carmel for more than 20 years. He is active in the community as a softball commissioner for the Carmel Dads' Club. Poindexter succeeded Paul Felix, who left to take over as the Hamilton County Circuit Court judge.



Hamilton County Circuit Court Judge, Judy Proffitt and Carmel City Court Judge, Brian Poindexter

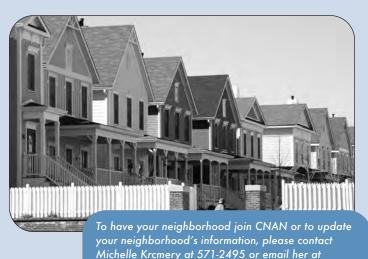
Carmel Government

Carmel's Neighborhood Association Network

Is your neighborhood a part of the Carmel Neighborhood Association Network, also known as, CNAN? If not, this would be a great time to join.

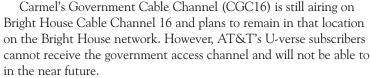
The Carmel Neighborhood Association Network (CNAN) was formed in 2001 for the purpose of strengthening the community by creating greater communication between neighborhoods within the City of Carmel. Representatives from local Homeowner Associations and Carmel residents are invited to attend the meetings to learn more about the City's policies and services, neighborhood covenants, crime watch, road projects and other relevant topics.

CNAN meets throughout the year with the Mayor, other city officials and guest speakers in the Council Chambers at City Hall to learn about topics of interest to homeowners' associations in Carmel.



mkrcmery@carmel.in.gov.

Carmel Government Cable Channel Available on Bright House and Your Computer



Anyone who does not get the Carmel Government Access Cable Channel 16 at home on their cable, satellite dish or television, can watch it on their computer. There is a direct link on the City of Carmel's home page (www.carmel.in.gov) to Cable Channel 16. You can watch the channel live by clicking on the CGC16 logo.

In addition to watching CGC16 live, Carmel's website also gives you access to most of the videos seen on Channel 16 through streaming videos. See the list of videos available by clicking on the On-Line Videos link on the left side of the home page. It will take you to a page with descriptions of each of the videos. (www.ci.carmel.in.us/Onlinevideos.html)

Last year, Bright House changed the location of the Carmel High School Educational Channel (CHTV) from 21 to 99 on Bright House networks. CHTV is also not currently accessible on AT&T's U-verse.





Concert Hall Update

In the accompanying photo, you can see the structure of the Concert Hall taking shape. Approximately 75 percent of the structural steel has been erected. Masonry work continues on the exterior and interior of the building. Concrete is being placed on grade (basement levels) as well as on many elevated (metal deck) areas. Fabrication of the limestone for the building is approximately 25 percent complete.

Granite and limestone have been received on site to begin installation on the building. Bids have been received for all phases of work, with the exception of the landscaping.

The building is located at the southeast corner of City Center Drive and is designed to have high quality acoustics. It will be home to the Carmel Symphony Orchestra and provide a venue for a variety of



View looking south from the interior of the concert hall toward future audience seating area.

musical performances.

To watch construction live, click on the link to the video camera on Carmel's home page at www.carmel.in.gov There is also a very intriguing time-lapse video available for viewing as well.

The Concert Hall is scheduled to open in the fall of 2010.

Visit Your Carmel Clay Public Library



Did vou Know?

Your Library has a large collection of books, but we also have...

- Downloadable Audiobooks (including iPod compatible titles!)
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- Personal Reference Service
- Personal Readers' Advisory Service
- Small Business Resources
- Special interest programs for adults, teens and children
- Text Messaging Service for on-hold items and due-date reminders
- Used book store
- Coffee shop

55 Fourth Avenue SE (Across Main Street from Carmel High School) 317-814-3900

Hours:

Monday - Thursday 9:00 a.m. – 9:00 p.m. Friday 9:00 a.m. - 7:00 p.m. Saturday 9:00 a.m. – 5:00 p.m. Sunday 1:00 - 5:00 p.m.

Find information about these and all of the Library's programs and services at www.carmel.lib.in.us.

City Department News

Carmel Mayor's Wellness Challenge

The City of Carmel and Clarian North Medical Center held a press conference to announce the third Carmel Mayor's Wellness Challenge, a program designed to help Carmel residents and employees build a healthy lifestyle. To aid participants in their quest, the Challenge incorporates a variety of activities from health screenings and cooking demonstrations to fitness classes and educational seminars.

Over the past two years, the Wellness Challenge has had more than 3,000 participants, and this year's Challenge will offer new opportunities and information to those individuals looking to participate again or try it for the first time. All upcoming events and

activities can be found at www.CarmelMayorsWellness-Challenge.com.

Among the exciting new changes for the 2009 Challenge is that each participant will register as an

Individuals can register for the Wellness Challenge by logging onto www.CarmelMayorsWellnessChallenge.com. Registration is free. The Challenge concludes on March 28, 2009.

individual and use a passport to track his or her wellness journey. Each stamp collected at one of the many free cooking classes, seminars and screenings, will enter the individual for the grand prize of a home health and fitness package. Individuals are still



Clarian North's CEO, John Global, addresses the audience at the Carmel Mayor's Wellness Challenge press conference.

encouraged to partner with their friends, family and co-workers to go through the Wellness Challenge journey together.

"Through the Carmel Mayor's Wellness Challenge, Clarian North hopes to encourage those in our community to make lifelong changes for leading a healthy lifestyle," said Jonathan R. Goble, president and CEO of Clarian North Medical Center.

Fire Tips 101

Now is the time of the year that the temperatures are low and furnaces used frequently. While this provides comfort, it also becomes a possible silent hazard of emitting carbon monoxide. Carbon monoxide is a colorless, odorless, tasteless gas that comes from the incomplete burning of natural gas and wood. The signs and symptoms of carbon monoxide poisoning are similar to flu-like symptoms: weakness,

fatigue, and sleepiness. Young children and small pets are the first to feel these effects. To protect yourself and your family, you should have your furnace serviced by a certified technician and place a carbon monoxide detector on each level of your house. These can be purchased at your local hardware store. It is recommended that you replace any detectors that are more than 5 years old because the internal

sensors have a limited life span. If you are feeling ill and think it is from carbon monoxide or your detector is sounding, you should call 911 right away and have the fire department check things out to make sure all is safe.

How can you help a firefighter?

Make sure we can get to your fire hydrant. Without water from hydrants, our firefighters can't fight fires, so please take just a minute to clear the snow away from the hydrant about 3 feet. Then you will be an important member of our team.



If you have any questions, contact the Carmel Fire Department at 571-4245 for more information about carbon monoxide or other safety questions.



Upcoming 2009 Meetings

City Council Meeting Dates

The City Council meets on the first and third Mondays of the month at 6 p.m. in the Council Chambers at City Hall March 2 & 16 April 6 & 20 May 18

Watch City Council meetings live on Channel 16. Channel 21 replays City Council meetings every Tuesday at 7 p.m.

Board of Public Works & Safety Meetings

The Board of Public Works meets the first and third Wednesdays of each month at 10 a.m. in the Council Chambers at City Hall March 4 & 18 April 1 & 15 May 6 & 20

Check the City of Carmel website at www.carmel.in.gov for events, construction updates and news.

Plan Commission

The Plan Commission meets the third Tuesday of each month at 6 p.m. in the Council Chambers at City Hall

> March 17 April 21 May 19

Board of Zoning Appeals

The Board of Zoning Appeals meets the fourth Monday of each month at 6 p.m. in the Caucus Room

> February 23 March 23 April 27 May 18

Carmel Clay Parks and Recreation Board

All meetings will be held on the 2nd and 4th Tuesdays of each month at 6:00 p.m. in the West Conference room at The Monon Center, 1235 Central Park Drive East, Carmel, IN 46032.

> February 24 March 10 March 24 April 14 & 28 May 12 & 26

City Officials Carmel's City Council

Rick Sharp District 1, Council President Email: rsharp@carmel.in.gov Cell phone: (317) 417-5047

> Ronald Carter At-Large Email: rcarter@carmel.in.gov Cell phone: (317) 710-0162

Kevin D. 'Woody' Rider At-Large Email: krider@carmel.in.gov Cell phone: (317) 503-7095

Eric Seidensticker District 2
Email: eseidensticker@carmel.in.gov
Cell phone: (317) 656-7989

John V. Accetturo District 3 Email: jaccetturo@carmel.in.gov Cell phone: (317) 201-9922

Joe Griffiths District 4
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Luci Snyder District 5
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City Court Judge

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Clerk-Treasurer

Diana L. Cordray
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News from the City of Carmel

City Hall

One Civic Square Carmel, Indiana 46032 (317) 571-2400 www.carmel.in.gov

> Hours: Monday - Friday 8 - 5 p.m.

City Court Hours

Monday – Friday 8:30 a.m. – 4:30 p.m.

Mayor's Office

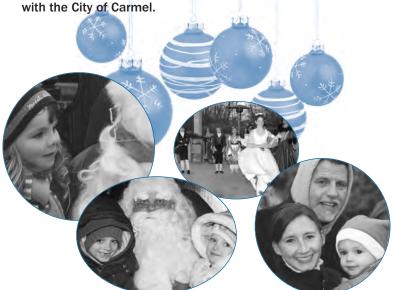
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This newsletter is a publication of the City of Carmel. Please send your comments, suggestions and news items to City Hall.

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Holiday on the Square

Thanks to all of the sponsors who made this year's Holiday on the Square a festive event for all who attended. A special thanks to the Carmel Arts Council who co-presented the event





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